



THE J.M. SMUCKER Co

# Jam and Cream Cheese French Toasted Sandwiches

**Prep Time Cook Time Serves Difficulty**

5 mins 3 mins 2 N/A

## Ingredients

- 4 slices whole grain bread
- 2 tbsp (30 mL) **Smucker's®** Cherry Spread
- 2 tbsp (30 mL) low fat cream cheese
- 1 egg, beaten
- 1 tbsp (15 mL) skim milk
- Dash of cinnamon, optional
- Dash of almond extract, optional
- Cooking spray

## Directions

### Step 1:

Spread two slices of bread with jam and two slices with cream cheese and sandwich them together to make two jam and cream cheese sandwiches. Combine egg, milk, cinnamon and extract if using in shallow bowl. Spray a small frying pan with cooking spray and heat over high heat. Dip sandwiches in egg mixture and place in hot pan. Cook, 1-2 minutes per side, until golden brown. Serve immediately.

## Images

