THE J.M. SMUCKER Co

Jam and Cream Cheese French Toasted Sandwiches

Prep Time	Cook Time	Serves	Difficulty
5 mins	3 mins	2	N/A

Ingredients

- 4 slices whole grain bread
- 2 tbsp (30 mL) **Smucker's®** Cherry Spread
- 2 tbsp (30 mL) low fat cream cheese
- 1 egg, beaten
- 1 tbsp (15 mL) skim milk
- Dash of cinnamon, optional
- Dash of almond extract, optional
- Cooking spray

Directions

Step 1:

Spread two slices of bread with jam and two slices with cream cheese and sandwich them together to make two jam and cream cheese sandwiches. Combine egg, milk, cinnamon and extract if using in shallow bowl. Spray a small frying pan with cooking spray and heat over high heat. Dip sandwiches in egg mixture and place in hot pan. Cook, 1-2 minutes per side, until golden brown. Serve immediately.

Images

